

Exercises of Activity Book

What I have learnt

1 Read this text. Then complete with the correct form of the verbs in brackets. Some verb forms might stay the same.

Food expert: So, you (1) **are writing** (write) an article on living a healthy lifestyle.

Student: Yes, I (2) **am working** (work) on a school project.

Food expert: OK. Let's start right away then. What would you like to know?

Student: What is a day like to a person who (3) **lives** (live) a healthy lifestyle?

Food expert: Well ... I (4) **don't know (do not know)** (not know) if everybody does the same thing, but here are the most important things to do. First, you should drink more water and exercise every day. Second, you should go to sleep early because this helps you have more energy. Finally, (5) **eat** (eat) healthy food, especially in the morning, because this will help you become more active during the day.

2 Make sentences.

1. practised/ also / Arar / . /law/ but / poetry / wrote

Arar wrote poetry but also practised law.

2. culture / plays / an / role/in/ Jordanian/. / Art / important/the

Art plays an important role in the Jordanian culture.

3. Nyangatom / herbs / The / . /on/ rely / to make / better/them

The Nyangatom rely on herbs to make them better.

4. is/ A/health centre/a / building / doctors/ patients / their / . / where / see

A health centre is a building where patients see their doctors.

5. thinks / She / JHCO / an / organisation / . / is / important

She thinks JHCO is an important organisation.

3 Choose the correct answer.

1. Where you at the moment?

- a. do/work
- b. is/working
- c. are/working

2. Ali is having a wonderful time the sun is shining today.

- a. because
- b. however
- c. but

3. We study hard, we also have fun.

- a. because
- b. but
- c. however

4. Noura goes to school

- a. now

b. every day

c. at the moment

5. Taleb is working in Beirut.

a. now

b. yesterday

c. every week